



Bankstown - Canterbury Torch

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Sisters make difference

By CINDY LYNCH

GROWING marginalised girls into strong, independent women, the Life Changing Experiences Foundation (LCEF) has set up a year-long mentoring program through its Sister2Sister project.

One of the local mentors given the task of inspiring and motivating girls through goal setting and encouragement, is Georges Hall resident Lillian Adnan.

"It's not just a job, it's a passion and a lifestyle choice and this type of volunteering, adding value to other lives, is an extension of who I am," Lillian said, adding that she hopes to be an example for her Little Sister 'Ella' and prove that there is so much more to life than the struggles of growing up.

"As an only child, I myself didn't have the perfect upbringing, didn't fit in, was from an Arabic background like Ella, so am in a great position to help her see how much life has to offer.

"When I first met Ella, she didn't see the value of school and wasn't looking at the big picture.

"But we've managed to stay at school and I've organised a few work experience opportunities for her. The change in Ella has been huge because now she's got someone in her life who is always there for her and a stabilising, positive influence. We do something or are in touch every week and once a month, all 30 big sisters and 30 little sisters get together for a fun excursion that will have an education component at the end.

"The foundation is won-



Lillian Adnan is making a difference to youth through the Sister2Sister project.

derful and provides us with the correct tools and resources to help plus we have access to a counsellor if needed.

"It's just so rewarding; I've learnt as much as Ella and I think I've grown as a person too."

To get involved with Sister2Sister or find out more, go to lifechangingexperiences.org