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THE PONDS

Big sisters join program offering guidance to teenagers

Lawrence Machado

DONNA Roberts wants more people to join the SISTER2Sister program and help marginalised teenage girls, saying it is well worth the effort.

Seeing her "little sister" smile after a day spent with her is priceless, The Ponds local said.

Ms Roberts is one of the many volunteers with the not-for-profit Life Changing Experiences Foundation, which offers youth support programs for disadvantaged and marginalised females.

"This is the first time I am involved in the program but I love what I am able to do," Ms Roberts said.

"I will most certainly recommend others to take part

as mentors as you can help someone."

The mother-of-two has been a part of the program from early this year and has been assigned to provide support to a victim of abuse.

"I am happy to be able to

help someone less fortunate than myself," Ms Roberts said.

"We provide guidance and support for the young girls and provide them with the support to make better choices and make them more self-confident.

"Initially we have to build trust with our little sisters and then we all go out for outings as a group."

She said her favourite parts of SISTER2Sister are the monthly gatherings and

the out-of-the box activities that the girls wouldn't get to do outside of the program.

Ms Roberts hopes the support and guidance she is providing her little sister could be a turning point for her.

"I would like to stand out as a role model through my actions, offering support where needed and actively listening to my little sister," she said.

 **Details: [life-changing experiences.org](http://life-changing-experiences.org)**



Donna Roberts, with her daughter Kaylani, helps out with the SISTER2Sister program.

Picture: PETYER KELLY