



## Barrier Daily Truth (Broken Hill)

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**AMBASSADOR:** Jacinta Tynan has a busy life juggling motherhood, a career and being an Australian Day ambassador

By Emily Roberts

She juggles several jobs and is the mother of two young children, but Jacinta Tynan has found time to be our Australia Day ambassador.

Ms Tynan is a news presenter with Sky News Australia, an author, columnist and proud mum of Jasper, 3, and Otis, eight months.

Her first book, *Good Man Hunting*, a memoir about looking for love, earned her the accolade of "Australia's answer to Carrie Bradshaw".

As the grand-niece of Nino Culotta (John O'Grady), author of *They're a Weird Mob*, writing is in the 42-year-old's blood.

Her second book, *Some Girls Do: My Life as a Teenager*, is an anthology of female authors writing the true story of their adolescence. Royalties are donated to

Sister2Sister, a mentor program for disadvantaged teenage girls of which Ms Tynan is Patron.

As well as being a columnist for *Sunday Life* (Sun Herald/Sunday Age's magazine), she also appears regularly on Channel Seven's *Sunrise* (7), and as a guest on *Insight* (SBS) and *Today Tonight*'s special on Australia's Most Influential Women.

She was also brave enough to make a guest appearance on the ABC's *The Chaser* and *The Hamster Wheel*.

This year is Ms Tynan's fourth as an Australia Day Ambassador.

She said that motherhood was the busiest role she had and when the BDT asked her how she handled everything she said she didn't know.

"It is a challenge. It is about being organised and sometimes

something has to give. I don't exercise unless it is pushing the pram. You have to prioritize.

"I don't get to see my friends often but motherhood is a wonderful, invigorating thing and it is the most wonderful thing in my life."

She said she has been to Broken Hill once before and was looking forward to coming back.

"I was in Broken Hill very briefly working with Channel 7 for a Royal Flying Doctor Service.

"So, technically, I've been there but I've always been interested in coming to Broken Hill. When the Australia Day Organisation offered me a few options I thought 'that's it, I'm going to Broken Hill.'"

Ms Tynan said she was interested in the mixture of mining and art that defines the city.

She said Australia Day was about

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having an excuse to stop and say what the day means for individuals and people were embracing it more and more.

“It’s not about the stereotype of the Australian with board shorts and thongs but so much more and it’s now about multi-culturalism.

“I feel very privileged to have a look at how different Australians do it.”

Ms Tynan said when she comes to the city she will talk about the importance of giving back.

“We live in a privileged country and I would like to inspire people to make a difference.” she said.