



press clip



Changing girls' lives

AWARD FOR MENTORING HERO

Emma Schiller

JESSICA Brown is rarely lost for words, but she was speechless on Thursday when she was named the winner of the NSW Woman of the Year People's Choice Community Hero award.

Ms Brown, from Rose Bay, was announced as the winner after years of work as the founder and CEO of Life Changing Experiences Foundation and its Sister2Sister mentoring program.

"It was an absolute surprise - I reacted like it was the Logies," she laughed.

"I was thrilled and shaking when I went up on stage; I was just overwhelmed."

Ms Brown's program matches young women with

older women who act as mentors, helping to pull the primary and high-school aged girls out of difficult home situations involving drugs, violence, teenage pregnancy and poverty.

The program has achieved staggering success, with many of the young sisters moving not only through high school but on to university, starting their own families and breaking the cycles they were in.

"I don't do this kind of work for the awards, it's about helping as many young women as possible," Ms Brown said.

Sister2Sister relies entirely on donations. To find out more visit lifechangingexperiences.org.



Jessica Brown with Vacluse MP Gabrielle Upton.